

Group Booking

Supervision & Behaviour Guidelines & Emergency Plan

Jungle Gym
For Gymnastics



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**Jungle Gym has: \$20 million Public Liability, and
\$20 million Professional Indemnity Insurance Policy,
All our staff have current Working With Children Check Clearances.**

What is Jungle Gym?

- Jungle Gym for Gymnastics has been operating Since March 1988.
- We teach a well versed proven gymnastic program in a non-competitive, fun environment of colour and jungle décor.
- We operate in a permanently set-up gymnastic venue containing 'State of the Art' gymnastic equipment that:
 1. Propels children through the air to assist in spatial awareness; utilising a range of trampolines (mini trams, 3x5m tramps and 10m long tumbling tramps), swinging ropes and rings.
 2. Encourages strength, balance and coordination utilising: climbing ropes, bars of different configurations and balance beams.
 3. Provides soft landings utilising huge 2m deep pits full of foam cubes and lots of thick, heavy crash mats. In fact, the entire floor area is foam padded with added crash mats everywhere.

The Structure of the Gymnastic Program

- Begins with a warm-up including basic gymnastic skills ie, forward rolls.
- The children are then lined-up into groups and explained the behaviour rules of the gym, including the location of water fountains, toilets & exit points.
- Depending upon the number of children attending they will then be taken in separate groups to different parts of the gym, where circuits have been prepared. The coach will show them through the circuits, explaining the skills and identifying any extra rules that may be specific to this circuit.
- The students participate in a particular circuit for a period of time, then are lined-up again and move onto another circuit. This continues throughout the session.

The Circuits Are

- Great fun, entertaining and challenging whilst creating skill awareness and confidence.
- Stimulating and keep the students constantly on the move with no long queues waiting their turn.
- Designed to suit not only the physically energetic child but also the less agile and physically shy types.